

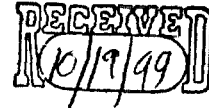
October 18, 1999

NATROL®
Quality Uncompromised™

VIA AIRBORNE EXPRESS & Regular Mail

U.S. Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals, HFS-450
200 C. Street S.W.
Washington, District of Columbia 20204

12 42 30 OCT 27 1999



Re: Natrol, Inc.

Dear Sir or Madam:

I am the General Counsel of Natrol, Inc., Chatsworth, California, a manufacturer of dietary supplement products (hereafter "Natrol").

On behalf of Natrol, and pursuant to the requirement of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. §343 (c) (6), your Agency is hereby notified that Natrol proposes to make statements of "nutritional support", as described in 21 U.S.C. §343(1)(6)(a), for its dietary supplements as follows:

(1) Milk Thistle Extract: "Milk Thistle Extract is a powerful natural antioxidant which helps maintain healthy liver functions."

Please be advised that the label of each of the above dietary supplement products includes the statement that "The FDA has not evaluated these statements. This product is not intended to diagnose, treat, cure or prevent disease."

If you have any questions regarding the foregoing, do not hesitate to contact the undersigned at your convenience.

Sincerely,

NATROL, INC. 97S - 0162

Eve Mendoza
General Counsel

cc: Elliott Balbert
Tami Page

LET 4543

21411 Prairie St.
Chatsworth, CA 91311
Tel: 818.739.6000
Fax: 818.739.6001
www.natrol.com

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